

Programmanr. 1
5-1-2020 - 13:30

Meisjes, 800m vrije slag

Junioren 2 en later
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Minioren 5 en Junioren 1					
1.	Mint van Wees	De Dolfijn	NT 200801328	11:27.44	
	50m: 37.58	37.58 250m:	450m:	650m:	
	100m: 1:19.06	41.48 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 2:45.72	400m: 5:42.23	600m:	800m: 11:27.44	
2.	Mirre van Wijngaarden	De Dolfijn	NT 200800262	12:04.42	
	50m: 40.66	40.66 250m:	450m:	650m:	
	100m: 1:24.53	43.87 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 2:54.63	400m: 5:57.51	600m:	800m: 12:04.42	
3.	Arienne Que	ZV Sassenheim	NT 200801548	12:23.07	
	50m: 38.97	38.97 250m:	450m:	650m:	
	100m: 1:23.48	44.51 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 2:55.56	400m: 6:06.80	600m:	800m: 12:23.07	
4.	Suuz Griekspoor	Noordwijkerhout	NT 200901204	12:53.13	
	50m: 41.03	41.03 250m:	450m:	650m:	
	100m: 1:27.50	46.47 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:04.03	400m: 6:25.91	600m:	800m: 12:53.13	
5.	Sanne Hoogduin	ZVL-1886 Tetteroo	NT 200800778	12:56.99	
	50m: 42.39	42.39 250m:	450m:	650m:	
	100m: 1:30.05	47.66 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:10.47	400m: 6:31.53	600m:	800m: 12:56.99	
6.	Lola Angenent	ZVL-1886 Tetteroo	12:57.53 200800452	13:16.17	
	50m: 41.07	41.07 250m:	450m:	650m:	
	100m: 1:29.50	48.43 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:11.45	400m: 6:36.71	600m:	800m: 13:16.17	
7.	Pien Hogervorst	Noordwijkerhout	NT 200901206	13:19.30	
	50m: 45.50	45.50 250m:	450m:	650m:	
	100m: 1:35.38	49.88 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:16.10	400m: 6:39.18	600m:	800m: 13:19.30	
8.	Ada Peker	De Dolfijn	NT 200801384	14:04.88	
	50m: 43.80	43.80 250m:	450m:	650m:	
	100m: 1:35.70	51.90 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:22.59	400m: 6:55.88	600m:	800m: 14:04.88	
9.	Sophie Stahli	De Dolfijn	NT 200801202	14:12.41	
	50m: 44.36	44.36 250m:	450m:	650m:	
	100m: 1:35.36	51.00 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:21.03	400m: 6:59.79	600m:	800m: 14:12.41	
10.	Norah Koese	De Watervogels	NT 200801136	14:46.08	
	50m: 43.43	43.43 250m:	450m:	650m:	
	100m: 1:34.17	50.74 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 3:22.40	400m: 7:06.28	600m:	800m: 14:46.08	
DIS	Luna Buis	ZVL-1886 Tetteroo	NT 200902680		
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>				

Junioren 2

1.	Floor Hogervorst	Noordwijkerhout	11:06.73 200701400	11:17.32	
	50m: 36.51	36.51 250m:	450m:	650m:	
	100m: 1:18.20	41.69 300m:	500m:	700m:	
	150m:	350m:	550m:	750m:	
	200m: 2:46.04	400m: 5:42.23	600m:	800m: 11:17.32	

Programmanr. 2
5-1-2020 - 13:55

Jongens, 800m vrije slag

Minioren 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Gijs Hartwijk	ZVL-1886 Tetteroo	11:42.09	200800573	11:05.05
	50m: 36.22	36.22	250m:	450m:	650m:
	100m: 1:16.85	40.63	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 11:05.05
	200m: 2:41.34	400m: 5:30.77	600m:		
2.	Sebastian Lopes Cardozo	Wzk	NT	200800187	11:13.19
	50m: 38.12	38.12	250m:	450m:	650m:
	100m: 1:20.41	42.29	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 11:13.19
	200m: 2:46.26	400m: 5:37.87	600m:		
3.	Jasper Duijnhoven	ZV Sassenheim	NT	200800273	11:51.56
	50m: 39.12	39.12	250m:	450m:	650m:
	100m: 1:22.19	43.07	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 11:51.56
	200m: 2:52.15	400m: 5:52.97	600m:		
	Niels van Nobelen	ZV Sassenheim	NT	200801085	11:51.56
	50m: 38.83	38.83	250m:	450m:	650m:
	100m: 1:22.37	43.54	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 11:51.56
	200m: 2:51.63	400m: 5:54.67	600m:		
5.	Wout Koppers	ZVL-1886 Tetteroo	NT	200801141	14:32.40
	50m: 47.01	47.01	250m:	450m:	650m:
	100m: 1:40.49	53.48	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 14:32.40
	200m: 3:30.95	400m: 7:17.55	600m:		
6.	Wester de Koning	ZVL-1886 Tetteroo	NT	200802855	15:38.87
	50m: 49.12	49.12	250m:	450m:	650m:
	100m: 1:45.23	56.11	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 15:38.87
	200m: 3:43.17	400m: 7:46.07	600m:		
7.	Lintar Shidiq	ZVL-1886 Tetteroo	NT	200802571	16:38.23
	50m: 48.07	48.07	250m:	450m:	650m:
	100m: 1:45.48	57.41	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 16:38.23
	200m: 3:50.51	400m: 8:12.51	600m:		
8.	Dmitrii Danilouchkine	ZVL-1886 Tetteroo	NT	200902233	19:44.29
	50m: 59.78	59.78	250m:	450m:	650m:
	100m: 2:09.25	1:09.47	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 19:44.29
	200m: 4:41.57	400m: 9:41.86	600m:		

Programmanr. 21
5-1-2020 - 14:20

Jongens, 800m vrije slag

Junioren 1 en 2
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Merlijn van der Hoeven	ZVL-1886 Tetteroo	11:30.05	200600951	11:15.24
	50m: 35.35	35.35	250m:	450m:	650m:
	100m: 1:15.17	39.82	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 11:15.24
	200m: 2:38.10	400m: 5:30.84	600m:		
2.	Lucas van Peenen	ZVL-1886 Tetteroo	11:46.08	200600457	11:26.58
	50m: 34.83	34.83	250m:	450m:	650m:
	100m: 1:15.18	40.35	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 11:26.58
	200m: 2:42.11	400m: 5:39.97	600m:		
3.	Bart Geelen	ZVL-1886 Tetteroo	NT	200700473	12:44.68
	50m: 40.35	40.35	250m:	450m:	650m:
	100m: 1:25.80	45.45	300m:	500m:	700m:
	150m:	350m:	550m:	750m:	800m: 12:44.68
	200m: 3:02.44	400m: 6:18.32	600m:		

Programmanr. 3
5-1-2020 - 14:45

400m vrije slag

Minioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Anne van Lith	ZVL-1886 Tetteroo	NT 201001000	7:48.95	
	50m: 48.77	48.77	150m: 250m:	350m: 7:48.95	
	100m: 1:45.14	56.37	200m: 3:45.58	400m: 7:48.95	
2.	Aryana Franks	ZVL-1886 Tetteroo	NT 201002088	9:39.57	
	50m: 1:00.09	1:00.09	150m: 250m:	350m: 9:39.57	
	100m: 2:11.56	1:11.47	200m: 4:43.38	400m: 9:39.57	

Programmanr. 4
5-1-2020 - 14:55

Dames, 1500m vrije slag

Junioren 2 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Jasmijn Ruijgrok	Wzk	18:43.79 199401032	20:13.14	
	50m: 34.33	34.33	450m: 850m:	1250m: 20:13.14	
	100m: 1:13.20	38.87	500m: 900m:	1300m: 20:13.14	
	150m: 2:32.39		550m: 950m:	1350m: 20:13.14	
	200m: 2:32.39		600m: 1000m:	1400m: 20:13.14	
	250m: 5:13.20		650m: 1050m:	1450m: 20:13.14	
	300m: 5:13.20		700m: 1100m:	1500m: 20:13.14	
	350m: 5:13.20		750m: 1150m:		
	400m: 5:13.20		800m: 10:42.26	1200m: 20:13.14	
2.	Linde van Wijngaarden	De Dolfijn	20:19.90 200601372	20:24.50	
	50m: 34.68	34.68	450m: 850m:	1250m: 20:24.50	
	100m: 1:13.36	38.68	500m: 900m:	1300m: 20:24.50	
	150m: 2:33.27		550m: 950m:	1350m: 20:24.50	
	200m: 2:33.27		600m: 1000m:	1400m: 20:24.50	
	250m: 5:16.10		650m: 1050m:	1450m: 20:24.50	
	300m: 5:16.10		700m: 1100m:	1500m: 20:24.50	
	350m: 5:16.10		750m: 1150m:		
	400m: 5:16.10		800m: 10:46.43	1200m: 20:24.50	
3.	Hiba Aboulas	De Dolfijn	NT 200600870	20:29.91	
	50m: 35.19	35.19	450m: 850m:	1250m: 20:29.91	
	100m: 1:14.87	39.68	500m: 900m:	1300m: 20:29.91	
	150m: 2:36.50		550m: 950m:	1350m: 20:29.91	
	200m: 2:36.50		600m: 1000m:	1400m: 20:29.91	
	250m: 5:21.06		650m: 1050m:	1450m: 20:29.91	
	300m: 5:21.06		700m: 1100m:	1500m: 20:29.91	
	350m: 5:21.06		750m: 1150m:		
	400m: 5:21.06		800m: 10:52.37	1200m: 20:29.91	
4.	Suzan Blankestijn	ZVL-1886 Tetteroo	20:56.85 198900350	20:47.76	
	50m: 36.06	36.06	450m: 850m:	1250m: 20:47.76	
	100m: 1:16.40	40.34	500m: 900m:	1300m: 20:47.76	
	150m: 2:39.68		550m: 950m:	1350m: 20:47.76	
	200m: 2:39.68		600m: 1000m:	1400m: 20:47.76	
	250m: 5:25.92		650m: 1050m:	1450m: 20:47.76	
	300m: 5:25.92		700m: 1100m:	1500m: 20:47.76	
	350m: 5:25.92		750m: 1150m:		
	400m: 5:25.92		800m: 11:00.76	1200m: 20:47.76	
5.	Yvette Buis	De Dolfijn	26:38.45 200401830	20:54.59	
	50m: 34.31	34.31	450m: 850m:	1250m: 20:54.59	
	100m: 1:13.66	39.35	500m: 900m:	1300m: 20:54.59	
	150m: 2:35.69		550m: 950m:	1350m: 20:54.59	
	200m: 2:35.69		600m: 1000m:	1400m: 20:54.59	
	250m: 5:23.34		650m: 1050m:	1450m: 20:54.59	
	300m: 5:23.34		700m: 1100m:	1500m: 20:54.59	
	350m: 5:23.34		750m: 1150m:		
	400m: 5:23.34		800m: 11:05.13	1200m: 20:54.59	
6.	Danique Giuliano	De Dolfijn	21:25.44 200600706	21:02.94	
	50m: 36.76	36.76	450m: 850m:	1250m: 21:02.94	
	100m: 1:19.24	42.48	500m: 900m:	1300m: 21:02.94	
	150m: 2:45.04		550m: 950m:	1350m: 21:02.94	
	200m: 2:45.04		600m: 1000m:	1400m: 21:02.94	
	250m: 5:38.32		650m: 1050m:	1450m: 21:02.94	
	300m: 5:38.32		700m: 1100m:	1500m: 21:02.94	
	350m: 5:38.32		750m: 1150m:		
	400m: 5:38.32		800m: 11:23.43	1200m: 21:02.94	
7.	Babet van Andel	ZVL-1886 Tetteroo	22:38.27 200304308	22:06.14	
	50m: 36.36	36.36	450m: 850m:	1250m: 22:06.14	
	100m: 1:18.84	42.48	500m: 900m:	1300m: 22:06.14	
	150m: 2:46.00		550m: 950m:	1350m: 22:06.14	
	200m: 2:46.00		600m: 1000m:	1400m: 22:06.14	
	250m: 5:43.16		650m: 1050m:	1450m: 22:06.14	
	300m: 5:43.16		700m: 1100m:	1500m: 22:06.14	
	350m: 5:43.16		750m: 1150m:		
	400m: 5:43.16		800m: 11:40.91	1200m: 22:06.14	

Programmanr. 4, Dames, 1500m vrije slag, Junioren 2 en ouder

rang	naam	vereniging	intijd	tijd	RT
8.	Fieke Hoogduin	ZVL-1886 Tetteroo	23:20.34	200600836	22:53.38
	50m: 38.61	38.61	450m:	850m:	1250m:
	100m: 1:22.45	43.84	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:52.69		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 22:53.38
	350m:		750m:	1150m:	
	400m: 5:56.21		800m: 12:12.33	1200m:	
9.	Nicole Stahli	De Dolfijn	NT	200600542	23:09.91
	50m: 39.77	39.77	450m:	850m:	1250m:
	100m: 1:23.84	44.07	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:56.69		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 23:09.91
	350m:		750m:	1150m:	
	400m: 6:04.38		800m: 12:16.13	1200m:	
10.	Charlotte van Egmond	De Watervogels	24:49.47	200602390	23:42.08
	50m: 41.45	41.45	450m:	850m:	1250m:
	100m: 1:27.22	45.77	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 3:01.83		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 23:42.08
	350m:		750m:	1150m:	
	400m: 6:12.36		800m: 12:38.80	1200m:	
11.	Ada Eker	Wzk	NT	200504608	23:45.13
	50m: 37.75	37.75	450m:	850m:	1250m:
	100m: 1:21.40	43.65	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:52.39		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 23:45.13
	350m:		750m:	1150m:	
	400m: 5:57.84		800m: 12:22.85	1200m:	
12.	Mariska van Geldorp	HPC Heemstede	23:20.70	199008304	24:00.23
	50m: 37.78	37.78	450m:	850m:	1250m:
	100m: 1:21.19	43.41	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:53.78		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 24:00.23
	350m:		750m:	1150m:	
	400m: 6:07.62		800m: 12:39.50	1200m:	
13.	Annet van der Sloot	De Watervogels	24:51.81	200405228	24:05.28
	50m: 38.81	38.81	450m:	850m:	1250m:
	100m: 1:24.92	46.11	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 3:01.18		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 24:05.28
	350m:		750m:	1150m:	
	400m: 6:16.65		800m: 12:50.71	1200m:	
14.	Deborah Hartman	HPC Heemstede	NT	200100326	24:38.51
	50m: 38.83	38.83	450m:	850m:	1250m:
	100m: 1:23.60	44.77	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:59.07		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 24:38.51
	350m:		750m:	1150m:	
	400m: 6:14.06		800m: 13:00.03	1200m:	
15.	Fien van Munster	HPC Heemstede	NT	200401948	25:27.53
	50m: 42.30	42.30	450m:	850m:	1250m:
	100m: 1:29.81	47.51	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 3:10.17		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 25:27.53
	350m:		750m:	1150m:	
	400m: 6:33.49		800m: 13:18.01	1200m:	
16.	Marieke Vledder	Wzk	NT	200503798	26:46.71
	50m: 43.16	43.16	450m:	850m:	1250m:
	100m: 1:33.60	50.44	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 3:19.62		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 26:46.71
	350m:		750m:	1150m:	
	400m: 6:55.63		800m: 14:09.84	1200m:	

Programmanr. 5
5-1-2020 - 16:40

Heren, 1500m vrije slag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Guus Hoogduin	ZVL-1886 Tetteroo	17:01.71	200201069	17:29.70
	50m: 31.07	31.07	450m:	850m:	1250m:
	100m: 1:05.16	34.09	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:15.82		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 17:29.70
	350m:		750m:	1150m:	
	400m: 4:35.13		800m: 9:16.23	1200m:	
2.	Kristiaan Lenos	ZVL-1886 Tetteroo	17:13.36	198301331	18:19.42
	50m: 30.92	30.92	450m:	850m:	1250m:
	100m: 1:05.50	34.58	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:16.28		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 18:19.42
	350m:		750m:	1150m:	
	400m: 4:37.41		800m: 9:32.47	1200m:	
3.	Bert Duivenvoorde	Noordwijkerhout	19:17.27	199701805	18:53.51
	50m: 30.61	30.61	450m:	850m:	1250m:
	100m: 1:05.76	35.15	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:16.52		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 18:53.51
	350m:		750m:	1150m:	
	400m: 4:43.84		800m: 9:51.19	1200m:	
4.	Joren Oldenhof	De Dolfijn	19:05.52	200400045	18:57.12
	50m: 31.21	31.21	450m:	850m:	1250m:
	100m: 1:06.49	35.28	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:20.59		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 18:57.12
	350m:		750m:	1150m:	
	400m: 4:51.90		800m: 10:03.44	1200m:	
5.	Robin van Peenen	ZVL-1886 Tetteroo	NT	200201059	19:20.81
	50m: 30.67	30.67	450m:	850m:	1250m:
	100m: 1:05.27	34.60	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:19.30		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 19:20.81
	350m:		750m:	1150m:	
	400m: 4:51.73		800m: 10:08.67	1200m:	
6.	Wesley van der Luit	ZV Sassenheim	20:19.37	199701895	19:36.03
	50m: 34.57	34.57	450m:	850m:	1250m:
	100m: 1:11.70	37.13	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:28.41		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 19:36.03
	350m:		750m:	1150m:	
	400m: 5:04.16		800m: 10:21.16	1200m:	
7.	Frank van Nobelen	ZV Sassenheim	19:14.54	196900753	19:52.12
	50m: 33.65	33.65	450m:	850m:	1250m:
	100m: 1:11.13	37.48	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:28.71		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 19:52.12
	350m:		750m:	1150m:	
	400m: 5:04.98		800m: 10:23.64	1200m:	
8.	Wouter Willig	De Watervogels	22:07.99	200502785	20:14.53
	50m: 34.99	34.99	450m:	850m:	1250m:
	100m: 1:14.08	39.09	500m:	900m:	1300m:
	150m:		550m:	950m:	1350m:
	200m: 2:35.14		600m:	1000m:	1400m:
	250m:		650m:	1050m:	1450m:
	300m:		700m:	1100m:	1500m: 20:14.53
	350m:		750m:	1150m:	
	400m: 5:19.31		800m: 10:49.01	1200m:	

Programmanr. 5, Heren, 1500m vrije slag, Junioren 1 en ouder

rang	naam	vereniging	intijd		tijd	RT
9.	Noah de Boer	De Dolfijn	22:26.46	200501053	20:27.52	
	50m: 34.74	34.74	450m:	850m:	1250m:	
	100m: 1:13.46	38.72	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:34.07		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 20:27.52	
	350m:		750m:	1150m:		
	400m: 5:19.55		800m: 10:51.76	1200m:		
10.	Guus Geelen	ZVL-1886 Tetteroo	21:54.71	200401183	20:36.45	
	50m: 33.48	33.48	450m:	850m:	1250m:	
	100m: 1:12.21	38.73	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:34.21		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 20:36.45	
	350m:		750m:	1150m:		
	400m: 5:23.78		800m: 10:58.71	1200m:		
11.	Hans Bouwmeester	ZVL-1886 Tetteroo	20:31.19	196700127	20:44.06	
	50m: 35.40	35.40	450m:	850m:	1250m:	
	100m: 1:14.08	38.68	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:34.19		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 20:44.06	
	350m:		750m:	1150m:		
	400m: 5:16.78		800m: 10:51.19	1200m:		
12.	Chris Vogelaar	ZVL-1886 Tetteroo	20:25.42	200302241	20:48.52	
	50m: 33.63	33.63	450m:	850m:	1250m:	
	100m: 1:12.56	38.93	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:33.93		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 20:48.52	
	350m:		750m:	1150m:		
	400m: 5:19.24		800m: 10:56.94	1200m:		
13.	Erik Baalbergen	ZVL-1886 Tetteroo	NT	199805775	21:49.96	
	50m: 34.65	34.65	450m:	850m:	1250m:	
	100m: 1:13.27	38.62	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:34.69		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 21:49.96	
	350m:		750m:	1150m:		
	400m: 5:28.19		800m: 11:24.84	1200m:		
14.	Jeff Duivenvoorden	Noordwijkerhout	20:46.35	199601829	22:10.94	
	50m: 33.11	33.11	450m:	850m:	1250m:	
	100m: 1:10.65	37.54	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:33.58		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 22:10.94	
	350m:		750m:	1150m:		
	400m: 5:31.49		800m: 11:34.81	1200m:		
15.	Onno Mens	Noordwijkerhout	21:13.04	200004389	22:15.95	
	50m: 34.49	34.49	450m:	850m:	1250m:	
	100m: 1:14.31	39.82	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:41.06		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 22:15.95	
	350m:		750m:	1150m:		
	400m: 5:42.35		800m: 11:46.35	1200m:		
16.	Lou van Leeuwen	De Dolfijn	NT	200702779	22:23.99	
	50m: 39.78	39.78	450m:	850m:	1250m:	
	100m: 1:23.18	43.40	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 2:50.78		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 22:23.99	
	350m:		750m:	1150m:		
	400m: 5:53.21		800m: 11:57.22	1200m:		
17.	Bauke Vledder	Wzk	26:07.76	200701247	25:16.91	
	50m: 42.73	42.73	450m:	850m:	1250m:	
	100m: 1:32.71	49.98	500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m: 3:16.28		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m: 25:16.91	
	350m:		750m:	1150m:		
	400m: 6:40.36		800m: 13:35.65	1200m:		

Programmanr. 5, Heren, 1500m vrije slag, Junioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT
DIS	Thijs Huizer <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>	Noordwijkerhout	NT	200502523	